

Pauline Goodson

Houston, TX 77006
pauline.goodson@rice.edu
(346) 334-6515

EDUCATION

Rice University ▪ Houston, TX PhD., <i>Psychological Sciences</i>	08/2020-05/2025 (Expected)
University of California, Irvine ▪ Irvine, CA Post-Baccalaureate, <i>Psychological Sciences</i>	09/2018-12/2019
Swarthmore College ▪ Swarthmore, PA B.A., <i>Psychology</i>	09/2010-06/2014

PUBLICATIONS

*Denotes equal authorship; †Denotes invited submission

Manuscripts

Goodson, P.N., Lopez, R.B., & Denny, B.T. (2023). Perceived stress moderates emotion regulation success in real-world contexts: An ecologically-valid multilevel investigation. *Anxiety, Stress, & Coping*. <https://doi.org/10.1080/10615806.2023.2278057>

Denny, B.T., Jungles, M.L., Goodson, P.N., Dicker, E.E., Chavez, J., Jones, J.S., & Lopez, R.B. (2023). Unpacking reappraisal: A meta-analysis of fMRI studies of psychological distancing and reinterpretation. *Social Cognitive and Affective Neuroscience*, 18(1), 1-12. <https://doi.org/10.1093/scan/nsad050>

Lopez, R.B., Courtney, A.L., Liang, D., Swinchoski, A., Goodson, P.N., & Denny, B.T. (2023). Social support and adaptive emotion regulation: links between social network measures, emotion regulation strategy use, and health. *Emotion*. Advance online publication. <https://doi.org/10.1037/emo0001242>

Denny, B.T., Lopez, R.B., Wu-Chung, E.L., Dicker, E.E., Goodson, P.N., & Koenigsberg, H.W. (under review). Longitudinal training in cognitive reappraisal enhances emotion regulation in borderline personality disorder patients: evidence from self-reported negative affect and whole-brain pattern expression. *Biological Psychiatry CNI*.

Other Publications

Dicker, E.E.*, Goodson, P.N.*, & Denny, B.T. (2023). The Neuroscience of Emotion Regulation.† *Oxford Bibliographies in Psychology*. doi: 10.1093/obo/9780199828340-0309

Goodson, P.N.*, Dicker, E.E.*, & Denny, B.T. (2023). Emotion Regulation Approaches†. In G. Merlo & C.P. Fagundes (Eds.), *Lifestyle Psychiatry: Through the Lens of Behavioral Medicine* (1st ed.). CRC Press.

POSTERS & RESEARCH PRESENTATIONS

Presentations

Goodson, P.N. & Denny, B.T. (March 2024). *Examining the role of cultural values in emotion regulation*. To be presented as a “Flash Talk” at the Society for Affective Science Annual Conference, New Orleans, LA, USA.

Goodson, P.N. & Denny, B.T. (March 2024). *Examining the role of cultural values in emotion regulation*. To be presented at the Cognitive, Health, and Affective Neuroscience seminar, Houston, TX, USA.

Goodson, P.N. (January 2023). *Investigating individual differences in perceived stress as a moderator of emotion regulation tendencies and Epstein-Barr Virus latency*. Presented at the Cognitive, Health, and Affective Neuroscience seminar, Houston, TX, USA.

Goodson, P.N., Lopez, R., & Denny, B.T. (April 2022). *Context-dependent implementation intentions training in emotion regulation*. Presented at the Cognitive, Health, and Affective Neuroscience seminar, online.

Goodson, P.N., Lopez, R., & Denny, B.T. (April 2021). *Regulating our emotions in daily life: An observational study on emotion regulation via ecological momentary assessment*. Presented at the Cognitive, Health, and Affective Neuroscience seminar, online.

Posters

Goodson, P.N. & Denny, B.T. (March 2024). *Examining the role of cultural values in emotion regulation*. To be presented at the Society for Affective Science Annual Conference, New Orleans, LA, USA.

Goodson, P.N., Lopez, R.B., & Denny, B.T. (April 2023). *Context-dependent implementation intentions training in emotion regulation*. Presented at the Social and Affective Neuroscience Annual Conference, Santa Barbara, CA, USA.

Goodson, P.N., Lopez, R.B., & Denny, B.T. (March 2023). *Perceived stress moderates emotion regulation success in real-world contexts*. Presented at the Society for Affective Science Annual Conference, Long Beach, CA, USA.

Goodson, P.N., Lopez, R.B., & Denny, B.T. (October 2022). *Perceived stress moderates emotion regulation success in real-world contexts*. Presented at the Rice University Social Sciences Homecoming Reception, Houston, TX, USA.

Goodson, P.N., Lopez, R.B., & Denny, B.T. (May 2022). *Perceived stress moderates emotion regulation success in real-world contexts*. Presented at the Social and Affective Neuroscience Symposium (SANS), online.

Denny, B.T., Lopez, R.B., **Goodson, P.N.**, Chavez, J., Jones, J.S., Jungles, M., & Dicker, E.E. (December 2021). *Unpacking cognitive reappraisal: A meta-analysis of neuroimaging studies of psychological distancing and reinterpretation*. Presented at the 27th annual Neuroscience Poster Session, Houston, TX, USA.

Goodson, P.N., Lopez, R.B., & Denny, B.T. (September 2021). *Perceived stress moderates emotion regulation success in real-world contexts*. Presented at the annual Gulf Coast Consortium Mental Health Research Symposium, online.

Goodson, P.N., Tanner, J.C., Moore, M.M., & Martin, E.A. (September 2019). *The subjective-objective paradox in social anhedonia: Evidence from a live social situation*. Presented at the annual Society for Research in Psychopathology Conference, Buffalo, NY, USA.

Goodson, P.N., Tanner, J.C., Moore, M.M., & Martin, E.A. (May 2019). *The subjective-objective paradox in social anhedonia: Evidence from a live social situation*. Presented at the annual University of California, Irvine Undergraduate Research Symposium, Irvine, CA, USA.

Velez, C.E., **Goodson, P.N.**, Newman, D., Linkins, M., & Gilham, J. (March 2015). *Character strengths, classroom satisfaction, and academic achievement in high school students*. Presented at the biennial Society for Research in Childhood Development Meeting, Philadelphia, PA, USA.

RESEARCH EXPERIENCE

Translational Social Cognitive and Affective Neuroscience Lab 06/2020-Present

PI: Bryan Denny, PhD

Rice University ▪ Houston, TX

Conducted research on the neural and behavioral correlates of emotion regulation, with a focus on individual differences effects on health and well-being. Led multiple independent projects and contributed to collaborative projects ranging from behavioral interventions, fMRI, data analyses, meta-analyses, and manuscript preparation.

Behaviors Emotions and Affective Neuroscience Lab 09/2018-05/2020

PI: Elizabeth Martin, PhD

University of California, Irvine ▪ Irvine, CA

Coordinated participant recruitment, ran participants in behavioral and EEG studies, conducted behavioral coding, developed and piloted new studies, and managed the lab. Contributed to research focused on the behavioral and neural correlates of emotional experiences in healthy and clinical populations, particularly individuals who are at risk for developing schizophrenia.

Senior Research Practicum 09/2013-05/2014

PI: Clorinda Velez, PhD

Swarthmore College ▪ Swarthmore, PA

Led a research project on participant character strengths and their relationship with academic performance and classroom satisfaction. Generated hypotheses based on existing literature. Collaborated with the Girls Project through teaching character strength-building lessons at a local middle school. Presented research findings at an undergraduate poster symposium. Created a novel measurement tool for rumination.

SKILLS / AREAS OF EXPERTISE

Hard Skills: French (intermediate), SPSS, R Studio, Qualtrics, SONA, Jamovi, ANT Neuro eego, HTML (basic), CSS (basic), MATLAB, NeuroElf

Soft Skills: Communication, Accountability, Independent Problem-Solving, Management, Leadership, Collaboration, Data Entry, Research Process

AWARDS

2024 Society for Affective Science Diversity Trainee Award 01/2024

Awarded conference registration plus \$200 for expanding diversity of SAS membership and perspectives brought to affective science research.

UNIVERSITY SERVICE

Member of the DEI in Psychology Journal Club 08/2023-Present

Rice University

Member of the Graduate Honors Council 08/2022-Present

Rice University

Graduate Wellbeing Peer & Committee Member 01/2022-Present

Rice University

President of the Psychological Sciences Graduate Student Association 05/2022-05/2023
Rice University

Treasurer of the Psychological Sciences Graduate Student Association 05/2021-05/2022
Rice University

TEACHING & MENTORSHIP EXPERIENCE

Teaching Assistant in Rice Undergraduates Scholars Program 08/2022-Present
Invited paid position outside of graduate student stipend

Guest Lecture: Emotional Processing in Aging Set for 02/2024
Course: Psychology of Aging at Rice University

Writing Coach for FWIS100: Introduction to Academic Writing Course 08/2023-12/2023
Paid position outside of graduate student stipend

Guest Lecture: Interviewing and Campus Visits 11/2023
Course: Rice Undergraduates Scholars Program (RUSP)

Teaching Assistant for Dr. Bryan Denny 01/2023-05/2023
Course: Social and Affective Neuroscience at Rice University

Guest Lecture: Biological Mechanisms of Stress 03/2023
Course: Introduction to I/O Psychology at Rice University

Guest Lecture: Campus Visits, Introductions, & Interviews 01/2023
Course: Rice Undergraduates Scholars Program (RUSP)

Guest Lecture: Reasoning and Judgment 10/2022
Course: Introduction to Cognitive Psychology at Rice University

Guest Lecture: Proposing A Novel Emotion Regulation Training Intervention 10/2022
Course: Introduction to Research Methods

Teaching Assistant for Dr. Bart Moore 01/2022-05/2022
Course: Introduction to Cognitive Psychology at Rice University

Guest Lecture: Reasoning and Decision-Making 03/2022
Course: Introduction to Cognitive Psychology at Rice University

Capstone Project Mentorship to AP Research Student 09/2021-05/2022
Mentee: Gabriel Rodriguez at Carnegie Vanguard High School

Guest Lecture: Episodic Memory, Biographical Memory, and Emotions 08/2021
Course: Introduction to Cognitive Psychology at Rice University

PROFESSIONAL AFFILIATIONS

Social and Affective Neuroscience Society 12/2021-Present

Society for Affective Science 01/2023-Present

American Psychological Association 07/2022-Present

WORK EXPERIENCE

Administrative Assistant

06/2014-08/2020

CNP Industries, Inc. ▪ Brea, CA

Provided high-level administrative and secretarial support to the CEO and senior staff, including account reconciliation and finance monitoring.

Lab Manager

06/2019-05/2020

Behaviors Emotions and Affective Neuroscience Lab ▪ Irvine, CA

Interviewed and trained new research assistants, coordinated RA lab hours and multiple study schedules, including participant sign-ups, and ensured lab is consistently clean, organized, well-stocked, and research assistants were conducting studies accurately and professionally.

Sales Coordinator

08/2014-03/2017

CNP Industries, Inc. ▪ Brea, CA

Interfaced with clients and led product training sessions to encourage brand support and drive sales. I also managed the purchase process, from order submission to product delivery.

Admissions Student Worker

09/2010-05/2014

Swarthmore College ▪ Swarthmore, PA

Compiled confidential application materials from prospective students and entered into an online database for admissions deans. I also carried out administrative tasks such as fielding questions and requests from prospective students, sorting mail, and preparing outgoing information packets.
