

Sabrina Cuauro Cuauro

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EDUCATION

Rice University, Houston, Texas May 2028
PhD student in Department of Psychological Sciences
Health Psychology and Behavioral Medicine

Trinity University, San Antonio, Texas May 2023
Bachelor of Arts in Psychology, Global Latinx Studies, Spanish GPA: 3.98
Summa Cum Laude

Honors Thesis: Examining the Acculturation, Acculturative Stress, and Ethnic Identity of Venezuelan Immigrants

Supervisors: Norma Cantú, PhD, Bladimir Ruiz, PhD, Carol Yoder, PhD

PUBLICATIONS

Cuauro, S. E., Santos, N., Andrade, E., Dani, A. W., Sanchious, S. N., Hooper, S. C., & Becker, C. B. Internalized weight stigma and weight discrimination: Associations with quality of life and psychosocial impairment in a sample living with food insecurity. Invited Revise and Resubmit *International Journal of Environmental Research and Public Health*

PRESENTATIONS

Yang, M., & **Cuauro, S.** (2023, August). *Income Insecurity and Psychological Distress among Undocumented Latino Immigrant Parents*. [Symposium Presentation]. American Psychological Association, Washington, D.C.

Cuauro, S., & Yoder, C. (2023, February). *Acculturative stress in immigrant Venezuelans*. [Podium Presentation]. Society for Cross-Cultural Research, San Juan, Puerto Rico.

Andrade, E., **Cuauro, S.**, Dani, A., Sanchious, S., Santos, N., Hooper, S., Kilpela, L., & Becker, C. B. (2022, November). *Correlates of Internalized Weight Stigma on a Food Insecure Population*. [Poster Session]. ABCT 56th Annual Convention, New York City, New York.

Andrade, E., **Cuauro, S.**, Dani, A., & Santos, N. (2022, July). *Correlates of Internalized Weight Stigma on a Food Insecure Population*. [Symposium Presentation]. Trinity University Undergraduate Summer Symposium, San Antonio, Texas.

Cuauro, S., & Mirpour, M. (2021, July). *Every Step Counts: Preventative Action for Substance Use*. [Symposium Presentation]. Trinity University Undergraduate Summer Symposium, San Antonio, Texas.

RESEARCH EXPERIENCE

Graduate Research Assistant

October 2022 - Present

VOCES Lab, UT Health Science Center San Antonio, and Rice University

San Antonio and Houston, Texas

PI: Luz Garcini, PhD, MPH

Project HEART (Proyecto CORAZON): Identifying and Understanding Cardiovascular Disparities Among Bereaved Latinxs and Non-Latinxs White

Project Description: A longitudinal study investigating the ethnic differences in the association between grief and cardiovascular risk as well as identifying the cultural factors that facilitate coping with grief.

Responsibilities:

- Develop infographics for published VOCES lab articles and oversee infographics team
- Conduct semi-structured interviews with participants
- Quantitative and qualitative data analysis

A Cognitive Biobehavioral Approach to the Study of Health Risk and Resilience Among Latino Immigrants Varying in Immigration Status

Project Description: Study aimed at characterizing the relationship between traumatic stress, health risk and cognitive performance among Latino immigrants and the factors that build resilience.

Responsibilities:

- Prepare survey materials
- Data collection in the field
- Gathering biomarker data
- Scoring cognitive measures

Research Assistant

August 2021 - Present

Food Matters Lab, Department of Psychology

Trinity University, San Antonio, Texas

PI: Carolyn Becker, PhD

The Correlates of Internalized Weight Stigma in a Food Insecure Population

Project Description: A cross-sectional study investigating the impact of internalized weight stigma on various mental and physical health indicators in a food insecure populations

Responsibilities:

- Conducted a literature review and developed a research question with lab team
- Selected study variables and measures to be used
- Requested funding from a community investment program
- Designed survey on Qualtrics
- Translated survey to Spanish with lab team
- Recruited over 1,000 participants at the San Antonio Food Bank with lab team
- Managed and organized participant files

- Checked data, cleaned data, and ran analysis on SPSS
- Presented poster with lab team at ABCT Conference
- Writing and preparation of manuscript

Experiences of Physician Weight Stigma

Collaboration with UT Health Science Center San Antonio

Project Description: A cross-sectional study investigating the prevalence of weight stigma in healthcare settings and its impact on various mental health indicators.

Responsibilities:

- Selected study variables and measures with lab team
- Prepared and submitted Institutional Review Board proposal

Research Assistant

February 2023 - Present

University of Michigan, School of Public Health
Division of Epidemiology and Community Health
PI: Vivienne M. Hazzard, PhD, MPH, RD

Food and Eating in Teens Study

Project Description: Mixed methods study examining the binge eating behaviors of adolescents facing food insecurity

Responsibilities:

- Translate study materials for Spanish-speaking participants

Lead Researcher

January 2022 – April 2023

Honors Thesis, Department of Modern Languages and Literature
Trinity University, San Antonio, Texas

Experiences of Venezuelans in the United States

Project Description: Mixed methods study on the acculturation, immigration experience and cultural sustainability of Venezuelans living in the United States.

Responsibilities:

- Developed research question
- Designed research study and selected variables and measures
- Developed an English and Spanish survey on Qualtrics
- Wrote and submitted the Institutional Review Board proposal
- Submitted grant proposal and obtained a grant of \$500
- Recruited participants
- Conducted interviews in Spanish and English
- Data cleaning and data analysis on SPSS
- Qualitative data coding on NVIVO
- Writing and conference preparation

TEACHING EXPERIENCE

Spanish Tutor, Spanish Writing Center
Trinity University, San Antonio, Texas
Reviewed and revised student's work

January 2021 – December 2021

Peer Tutor, First Year Experience
Trinity University, San Antonio, Texas
Provided writing feedback to students
Took attendance and graded materials

August 2020 – December 2020

PROFESSIONAL EXPERIENCE

National Alliance on Mental Illness (NAMI) Greater Houston
Houston, Texas

Data Analyst September 2022 - Present

- Develop registration and evaluation surveys on Qualtrics
- Collaborate on quarterly grant report with supervisor
- Edit website to reflect current support groups
- Track all participant data across programs and outreach events
- Develop annual report for Board of Directors

Intern December 2020 – September 2022

- Recruited support group facilitators, scheduled, and supervised support groups for individuals with mental illness and family members
- Collaborated with Program Director to establish new support groups and strengthen existing groups
- Tracked data of classes, presentations, and support group meetings for yearly report

SEA Center Warmline Consultant April 2020 – January 2021

- Provided support and empathetic listening for individuals in need of mental health assistance
- Researched and compiled appropriate resources to address the individuals' situation
- Followed up with individuals to check on their emotional well-being

Connections Individual and Family Services

New Braunfels, Texas

Summer Intern June 2021 – July 2021

- Planned and facilitated lessons about mental health and drug prevention for elementary school children
- Supervised elementary school children on field trip days
- Organized case files for therapists
- Researched drug information and prevention strategies for a prevention website and the organization's social media

HONORS/AWARDS

Graduating University Scholar March 2023

Outstanding Senior in Spanish March 2023

Outstanding Senior in Psychology March 2023

Mellon Initiative Mini-Grant	May 2022
Phi Beta Kappa Honor Society	May 2022
Tigers on the Rise Award	March 2022
McNair Scholars Program	May 2021
MAS Alvarez Internship Grant	May 2021
University Scholar	Spring 2020, Spring 2021, Spring 2022
Dean's List	Fall 2019, Spring 2020, Fall 2020, Fall 2021
FYE Writing Award	Spring 2020
Trinity Murchison Scholar	Spring 2019

LANGUAGES

Spanish (first language)